

# PSHE – Year 4 – spring 2 – Playing safe

## Vocabulary

<b>danger</b>	The threat or change of being harmed.
<b>dangerous</b>	Something that is likely to cause harm to or hurt you.
<b>harm</b>	When you are hurt or injured, this can be physical or emotional.
<b>influence</b>	The ability to have an effect on something.
<b>instructions</b>	A list of steps to follow to ensure something is done correctly.
<b>playing</b>	The action of having fun, often it involves games or sports.
<b>pressure</b>	Feeling like you are being forced to do something when you don't want to do it.
<b>responsibility</b>	The action of making sure you do the right and correct thing.
<b>responsible</b>	Being in charge of your own actions.
<b>rules</b>	Things you must or must not do in a situation.
<b>safety</b>	Making sure you do not get hurt or harmed in a situation.
<b>wellbeing</b>	The state of being comfortable, healthy or happy.

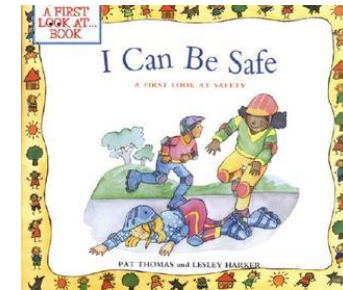
## Skills

To be able to follow rules to keep me safe.

To put myself in someone else's shoes to see their side.

Give evidence/ reasoning to support my ideas.

## Books



## Knowledge

By the end of this topic you will learn:

- That not everything you do in life is safe, sometimes you can come to harm.
- To stay safe, you have to be responsible and follow rules and instructions.
- To know what the safe choice is to make in a situation and how to decide that it is safe.



**What I should be able to do and know now.**

**Knowledge:**

- To know that if I do know play safe then I can get hurt.
- To know that hurt means to be injured or harmed.
- To know that rules are made to be followed.
- The internet can be dangerous.
- Strangers can cause me harm.

**Skills:**

- To listen to other peoples' points of view and opinions.
- To be able to follow a list or rules.
- Describe how a situation could be dangerous.

**Growth Mindset Strategies**

**If I find something challenging I can:**

- Look back at the information I have been given.
- Ask a friend if they can help me.
- Use a diagram or text book.
- Look at the example the teacher gave me.
- Discuss what other people in my group think.

**What I will be learning**

- That playing safe is about making sure you do not get hurt physically or emotionally.
- Rules are to be followed in order to stay safe and not come to harm.
- Your choice of actions can decide whether you stay safe or not.
- Situations can look different from different peoples point of view.
- You need to think about other people as well as yourself so your friends stay safe too.

**What I will know and be able to do at the end of the topic.**

**Knowledge:**

- Can you explain what harmful means?

If something is harmful it means \_\_\_\_\_.

- Can explain what safety means?

Being safe means that you do not get \_\_\_\_\_.

- What can be made and followed in order to help you stay safe?

A list of r\_\_\_\_\_ or i\_\_\_\_\_.

- Can you name a situation where you could be harmed if you did not follow the rules? Can you explain how you would make sure you stayed safe in this situation?

**Skills:**

- To make decisions that would keep me safe.
- To make a list of rules for staying safe when playing in different situations.
- Know what I can do to stay safe when using the computer or the internet.