

# PSHE – Year 4 – spring 1 & 2 – What is important to me?

## Vocabulary

<b>achievement</b>	Something done successful with effort, skill or courage.
<b>beliefs</b>	An acceptance that something exists or is true.
<b>emotions</b>	A strong feeling from your mood.
<b>happy</b>	A positive, satisfied emotion.
<b>healthy</b>	In good physical or mental condition.
<b>important</b>	Of great significance or value.
<b>influence</b>	The ability to have an effect on something.
<b>needs</b>	Something that is a necessity.
<b>satisfied</b>	Happy with or content with something.
<b>values</b>	Standards of behaviour that are important in life.
<b>want</b>	A desire or wish for something.
<b>wellbeing</b>	The state of being comfortable, healthy or happy.

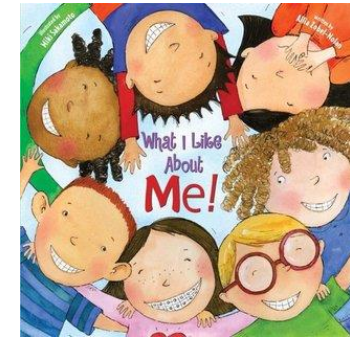
## Skills

To be able to give an opinion on something.

To analyse values and what is most to least important.

Give evidence/ reasoning to support my ideas.

## Books



## Knowledge

By the end of this topic you will learn:

- That each person has their own opinion and that is a good thing.
- Values are things we believe are important in life.
- To understand that my values may be different to other people and I can justify my choices.



<b>What I should be able to do and know now.</b>	<b>Growth Mindset Strategies</b>	<b>What I will know and be able to do at the end of the topic.</b>
<p><b>Knowledge:</b></p> <ul style="list-style-type: none"> <li>• To know that some things are more important than others.</li> <li>• To know what I think makes me happy in life.</li> <li>• To know that it is important to listen to other people and sometimes they think different to me.</li> <li>• Certain things are important in keeping me happy.</li> </ul> <p><b>Skills:</b></p> <ul style="list-style-type: none"> <li>• To listen to other peoples' points of view and opinions.</li> <li>• To explain why something may be important.</li> <li>• Describe how a situation makes me feel.</li> </ul>	<p><b>If I find something challenging I can:</b></p> <ul style="list-style-type: none"> <li>• Look back at the information I have been given.</li> <li>• Ask a friend if they can help me.</li> <li>• Use a diagram or text book.</li> <li>• Look at the example the teacher gave me.</li> <li>• Discuss what other people in my group think.</li> </ul> <p><b>What I will be learning</b></p> <ol style="list-style-type: none"> <li>1. That we all have beliefs about what is important to us.</li> <li>2. Beliefs help us to choose values that are important to being happy.</li> <li>3. Values can be rated for their importance.</li> <li>4. Values can be different across cultures and religions.</li> <li>5. To understand how my values may compare to another person's values.</li> </ol>	<p><b>Knowledge:</b></p> <ul style="list-style-type: none"> <li>• Can you explain what a belief is?</li> </ul> <p>A belief is something you think is _____.</p> <ul style="list-style-type: none"> <li>• Can you name some values that are important to you?</li> </ul> <p>Which one is the most important? Why?</p> <ul style="list-style-type: none"> <li>• Can you think of someone/ a group of people who would have a different value to you?</li> </ul> <p>What is the value? Why is it different to yours?</p> <p><b>Skills:</b></p> <ul style="list-style-type: none"> <li>• To choose values that are of most importance to my wellbeing.</li> <li>• To analyse the difference in values across cultures and religions.</li> <li>• Explain why values and beliefs may change depending on a situation a person is in.</li> </ul>