



Shilbottle Primary Newsletter

Week 21 – 13 February 2020



Guess how many sweets in the jar raised £ 40 towards our hospice fundraiser ☺

The winner is



There were 357 sweets

The guess - 353



After School

from 6 Jan

Monday	Ceilidh Band	Y2 – Y6
Tuesday	Football Foundation [Girls only]	R – Y6
Wednesday	Drama	Y3 – Y6
Thursday	Highland Dancing	R – Y4
Friday	Rugby	Y4 – Y6



SWIMMING IS ON



Tuesday, 25th February

Year 2 / Year 3 / Year 4

The pool is ready and waiting...

STAR OF THE WEEK

RECEPTION: Rebecca H

YEAR 1: Alfie B

YEAR 2: Corey Mc

YEAR 3: James P

YEAR 4: Harriet M

YEAR 5: Scarlett J

YEAR 6: Emilia W

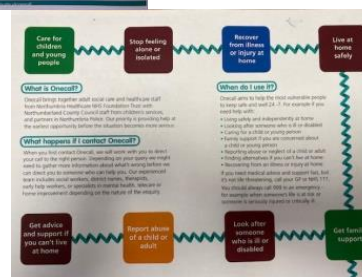


Concerned about a child?

**CALL
ONECALL**

**ONECALL
01670 536 400**

**and ask for advice
or share your
concerns ☺**



BEST PRESENTATION & HANDWRITING

RECEPTION: Scarlett M

YEAR 1: Anna S

YEAR 2: Hamish M

YEAR 3: Flynn D

YEAR 4: Finlay S

YEAR 5: Euan R

YEAR 6: Evelyn P



HEAD TEACHER AWARD



**Archie S
Izzy M**



ATTENDANCE WINNERS THIS WEEK

Year 5



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NEWCASTLE FOOTBALL
07 – 02 – 2020
Cochrane Park


On Friday afternoon 8 girls from Year 6 took a minibus to the U11 Newcastle United Football competition at Cochrane Park, Newcastle. Although they hadn't had a training session in quite a few weeks the girls played some excellent football and they were unlucky to lose in the semi-finals. Some excellent individual performances, but most importantly an excellent team performance full of fun, respect and friendship 😊

The Festival of Light
13 – 02 – 2020
St Michael's Primary School


Ten pupils from Year 5 caught the service bus to Alnwick. They joined pupils from other local primary schools at St Michael's Primary to learn about how other religions use light in their celebrations. The children took part in workshops which included Rangoli art and Bollywood dancing.

Judo for beginners – The whole school 😊


On Thursday everyone had a go at judo 😊 The pupils were shown how to kneel properly, show respect and shake hands with their opponents before pinning them to the floor! The pupils were also told not to try this at home ... if anyone would like to join the judo club there is a leaflet in the school bag tonight.



Fun, Respect & Friendship – Every child matters to us

Shilbottle Primary Newsletter

At National Online Safety we believe in empowering parents, carers and trusted adults with the information they need to hold an informed conversation about online safety with their children, should they feel it is needed. This guide focuses on one platform of many which we believe trusted adults should be aware of. Please visit www.nationalonlinesafety.com for further guides, hints and tips for adults.

"The industry, as far as we can see as families, are grooming the next generation with a whole set of online games and these are aimed at 7, 8, 9 year olds – that's the next generation who are going to be their income generators" - Liz Ritchie, Gambling With Lives

The digital world that we live in can be a minefield for families and parents/carers. The way in which children 'game' now is completely different to how modern day parents and carers would have experienced. The 'monetization' of gaming is at the forefront of research and there are increasing concerns surrounding online gaming and the subsequent links this has with underage gambling.



From ONLINE GAMING to ONLINE GAMBLING

Recognising the Signs



10 Signs for Parents to Look For:

Disordered gambling is sometimes referred to as the 'silent killer'. Unlike drug or alcohol addictions the signs are sometimes harder to spot and if not dealt with at an early age can have a devastating effect on both the gambler and their families later on in life.

1

EXCESSIVE USE OF DEVICES

This can lead to increased isolated behaviour and lying about the amount of time spent online.



2

SPENDING MONEY ONLINE WITHOUT PERMISSION

If a child is willing to spend money online (invariably on a parent's card) without permission then this should act as an early warning sign to parents to ensure that there are some barriers and parental controls in place.

3

CHANGES IN BEHAVIOUR

Children may become moody, aggressive or argumentative particularly during or shortly after periods of online gaming.

4

A CHANGE IN ATTITUDE TO SCHOOL

Children may display an obvious change in attitude to learning and a more negative view of school.

5

DISENGAGED WITH FAMILY LIFE

Children start to prefer spending time alone online rather than engage in normal family activities.

6

COMPULSIVE EATING

This includes both eating the wrong types of food excessively and not eating healthily.



7

IMPATIENT

Children might not be prepared to wait for anything (mirrored in excessive online game play and in-app purchases) and nothing is ever good enough.



8

'THE LOOK'

Compulsive gamblers are often said to look zoned out, have a greyness, look ill, experience a loss of weight and stop taking pride in their appearance. The same can be said of those who are starting to develop a gaming addiction.



9

OBSESSIVE BEHAVIOUR

Children who demonstrate obsessive behaviour in everyday life are often reported to be 'at risk' of developing an online gaming disorder.

10

DISHONESTY

This could include starting to tell lies and in the more extreme cases even stealing things.



10 Top Tips for Parents:

If you think that your child may be at risk of developing a gaming addiction then there are a series of measures that you can put in place. This is by no means an exhaustive list but just some strategies that could ensure a potential situation does not escalate.

1

BE AWARE

Do not fall into the trap that it's just what children do – as parents/carers/families be 'on the same page' and do not be allowed to be played off against one another.



2

DO YOUR RESEARCH

Although both gaming/gambling addictions are now recognised as a mental disorder, some doctors may not be experts in these areas – families can self-refer to NHS Gaming and Gambling Clinics.

3

VISIT THE GP

See what help and support is available. Visit www.gamfam.co.uk and become an expert.



4

SPEAK TO THE SCHOOL

Have an open and honest conversation. Schools are investing heavily in mental health and can arrange or direct you to the most appropriate support services.



5

TAKE AN ACTIVE INTEREST

This applies to school work and in creating a learning environment at home. Find activities and hobbies that create a life away from the screen and be part of it.

6

BECOME THE EXPERT

Research the game your child is playing – does the game have loot boxes?



7

PUT BARRIERS IN PLACE

Set up parental controls for all devices (including phones) and set up screen time. Visit the 'Partnership with Parents' section at www.gamfam.co.uk for further details.



8

FINANCIAL CONTROLS

Turn off in-app purchases on games and make sure your credit/debit card isn't attached to the console your child is playing on. Do not link your debit/credit cards to your child's device and use a prepaid debit card instead. For example Monzo, Go Henry, Nimbl or speak to your bank for advice.



9

DISCUSS LOOT BOXES AND SKIN BETTING

Have a conversation about loot boxes and skin betting. Many games can still be played and completed without using loot boxes on the console version but be mindful of the mobile versions.



10

DO NOT LEND MONEY FOR GAMBLING

Or if you think it will be used for online gaming, without your permission.



The above guidance has been produced by





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Dates at a glance [so far...]

15 Feb – 23 Feb FEBRUARY ½ TERM			
Thurs 27 Feb	SATS Boosters	Year 6	After school
Thurs 27 Feb	Fractions Workshop	Y5 – Y6 Parents	17:30 – 18:15
Wed 4 Mar	League Football v Whittingham [away]	U11 team	3:30 – 4:30
Thurs 5 Mar	World Book Day	Whole School	All day
Thurs 5 Mar	SATS Boosters	Year 6	After school
Thurs 12 Mar	Life Centre	Year 2	8:45 – 3:30
Thurs 12 Mar	Life Centre	Year 5	8:45 – 3:30
Thurs 12 Mar	School Games Qualifier – Netball	U11 team	12:45 – 3:15
Thurs 12 Mar	SATS Boosters	Year 6	After school
Fri 13 Mar	Sports Relief	Whole School	All day
Thurs 19 Mar	SATS Boosters	Year 6	After school
Wed 25 Mar	League Football v St Paul's [away]	U11 team	3:30 – 4:30
Thurs 26 Mar	SATS Boosters	Year 6	After school
Wed 1 Apr	League Football v Longhoughton [away]	U11 team	3:30 – 4:30
1 Apr – 3 Apr	Residential	Year 3 / Year 4	All day
Wed 1 Apr	DCHS treasure hunt		4:00 – 5:30
Thurs 2 Apr	Quicksticks Festival @ DCHS	Year 3 – Year 6	3:30 – 5:00
Thurs 2 Apr	SATS Boosters	Year 6	After school
4 Apr – 19 Apr EASTER HOLIDAY ☺			
Wed 29 Apr	School Games Quadkids qualifier	U9 [Y4 – Y3 team]	9:30 – 12:00
Wed 29 Apr	School Games Quadkids qualifier	U11 [Y5 – Y6 team]	12:45 – 3:00
Fri 8 May	BANK HOLIDAY for VE day	Whole School	All day
11 – 14 May	KS2 SATS	Year 6	9:00 – 12:00
23 - 31 May MAY ½ TERM			
Mon 1 June	STAFF TRAINING – SCHOOL CLOSED		
3 – 5 June	London residential	Year 6	All day
Thurs 18 June	Kirkley Hall Zoo	Year 1	All day
Fri 19 June	Maths Challenge @ DCHS	Year 6	All day
Tues 23 June	Musical Roots @ Alnwick Garden	Year 3 / Year 4 / Ceilidh	All day
Thurs 25 June	Northumberland School Games Day		All day
Fri 26 June	Sports Day & School Fair	Whole School	1:00 – 3:00
Wed 1 July	Northumberland County Zoo	Reception	All day
Fri 3 July	Maths Day @ DCHS	Year 5	TBC
Fri 17 July	End of Term	Whole School	2:00
18 July SUMMER HOLIDAY ☺			

Remember ... Keep checking our School Website Facebook & Facebook Pages ☺
www.shilbottle.northumberland.sch.uk



Shilbottle Primary Newsletter

What's on in the wider community...

Alnmouth Golf Club	Alnmouth Golf Club - juniors
Alnmouth Juniors FC	Thursday night training
Alnwick Academy of Dance	Alnwick Academy of Dance
Alnwick Bears RLFC	www.alnwickbears.co.uk
Alnwick Highland Dancers	Wednesday 7:00 – 8:00, Lindisfarne Middle School Hall Reception upwards
Alnwick Junior Harriers	Tuesday & Thursday 6 – 7 pm @ Lindisfarne Sports Centre contact Alison Hutchings on: ah.juniorharriers@gmail.com
Alnwick Town Juniors FC	http://www.alnwicktownjuniors.co.uk/
Amble Junior Netball	Thursday evenings [6:30 – 7:30pm] for Y3 upwards at James Calvert Spence College [JCSC] Amble. Y2 are welcome but parents need to stay. £1.50 per week.
Alnwick Mini & Juniors Rugby [Year 1 upwards]	Every Sunday 10:30 – 12 noon ☺ Year 1 – Year 3 = tag rugby; Year 4 upwards = contact rugby.
Beavers, Cubs & Scouts	Wednesday evenings, Felton or Alnwick info@northumberlandscouts.org.uk
Coquet Shorebase	https://www.coquetshorebase.org.uk/ windsurfing, kayaking, sailing and more
Cricket	Juniors [Y3 – Y8] Alnmouth, Alnwick, Warkworth Cricket Clubs
Dansformation	Dansformation Thursday 4:00 – 6:00 p.m. @ Alnwick Playhouse
FC Amble Juniors	FC Amble Juniors
Felton Juniors FC	Felton juniors
Judo Alnwick	Alnwick Judo https://www.getintomartialarts.com Monday, 4:00 – 4:45 pm
Karate	Monday and Friday evenings @ Willowburn
Longhoughton Rangers FC	Longhoughton Rangers Football Club
Morpeth Junior Hockey	Morpeth Juniors Hockey Club Sunday 9:30 – 11:00
Rainbows, Brownies and Guides	Register your interest at https://enquiryym.girlguiding.org.uk/ Monday evenings during term time at Warkworth Primary School.

CAN YOU THINK OF ANY OTHER CLUBS WE COULD ADD?